Annual Report 2019



haven HOUSING

Providing women in crisis or transition with a stable environment and the opportunity to explore options for their future.



Inspiring omnunity.

Igniting Ope.



I'm excited to get my own place, but I cry when I think about leaving St. Anne's. This is not just a shelter, but it's a home and my second family is here.

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(part or all of term during 2019)

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Dear Friends of Haven Housing,

Every day at Haven Housing, community is built and hope is ignited. Now in our 39th year of operation, Haven Housing served 551 women and children in 2019.

For those broken and scarred by trauma, especially the women and children at Haven Housing, healing happens in community. Research tells us that recovery from mental health and/or substance abuse conditions is greatly enhanced by social connection. Greater social connections lead to improved economic, educational, recreational, and cultural opportunities. Each Haven Housing program is an intentional community that utilizes friendship, social support, and social connectedness as part of the healing process. Community Meetings and in-house social events inspire a sense of community within our walls. Field trips, volunteer outings, and other events outside our programs help women and families reconnect with the greater community, from which they often feel isolated. Individualized case management provides each client with targeted referrals to community resources. For the women and children of Haven Housing, community encourages healing, and healing ignites hope.

At the end of 2019, Julie Kelley resigned after 29 years of leadership at Haven Housing. We thank Julie for her dedication, and we will be forever grateful for the healing community that she helped to build. We look forward to Haven Housing's next chapter continuing that sense of community and healing.

As we write this letter, our country is in the midst of the COVID-19 crisis. While the safety restrictions are making it difficult to maintain "community" in the traditional sense, we are finding new ways to preserve our sense of community while safeguarding the health and safety of all of our residents. We wish all of you good health in these trying times.

Thank you for the many ways that you supported the women and children of Haven Housing in 2019. Each of you is part of our healing community, and we are grateful for your contribution to our mission.

In gratitude.

Emily Stearns

Board Co-Chair

Noah Lauricella
Board Co-Chair



782 volunteers gave

Volunteer hours



56 children's mental health groups

88 children's music therapy classes

40 children's exercise groups

69 tutoring sessions

49 kids' field trips

75 backpacks filled with school supplies

47 Early Childhood Family Education classes

50 women's chemical health groups

250 hours of consultation and programming with an on-site nurse

18 arts groups led by Free Arts

50 women's mental health groups

290 women's health and wellness activities

Ascension Place: **75 women**

St. Anne's Place: **152 women, 264 children**

Next Step Housing: 21 single women, 17 families with 22 children

Total **551 people served**

Approximately **50,500 beds filled**

It is so helpful to have positive women around me to encourage and empower me. I know I am not alone anymore.



St. Anne's Place
is a safe place that has
allowed me to heal from
my trauma.

St Anne's Place

Seeking safety from domestic abuse, 25-year-old Shondra and her daughter arrived at St. Anne's Place after four years in an abusive relationship. "I stayed in that situation for so long because I was afraid that being in a shelter would be degrading for my daughter and me," Shondra told our staff. On her first night at St. Anne's Place, Shondra noticed the welcoming "community feeling" at our shelter, and told her case manager that she wished she had come sooner.

Shondra immediately signed her family up for upcoming field trips and inquired about other ways to participate in the St. Anne's Place community. She and her daughter attended nearly every in-house activity during their stay, and Shondra connected with her case manager every day. In their one-on-one meetings, Shondra told her case manager that both she and her daughter were learning to trust again. "St. Anne's Place is a safe place that has allowed me to heal from my trauma," she says.

After four months at our shelter, Shondra learned that she had been placed on a waiting list for a two-bedroom townhome. She felt a mix of excitement and apprehension, concerned about what life would be like after leaving the safe, supportive community at St. Anne's Place.

"I knew that I needed skills and a strong plan to stay away from my abuser, and to know when and how to ask for help," Shondra told staff. She worked with her case manager to develop a safety plan and a list of resources that she could access when needed. Shondra shared her plan with her mother, and left St. Anne's Place feeling confident and well-prepared to live independently.

Ascension Place

Ruthie arrived at Ascension Place (AP) in April 2015, following a long and complicated history with chemical dependency. She immediately appreciated the culture. "AP is full of warmth, consideration, understanding, and kindness," says Ruthie.

Ruthie felt safe and secure in the comfortable, dignified living environment at AP, even likening our building to "a castle." She especially appreciated the time that AP allowed her to heal and grow. "However long it takes, there's no pressure," she says. "You can take as much time as you need to heal."

Ruthie volunteered in the community, and participated in weekly mental health and chemical health groups, as well as Financial Literacy workshops. "The groups empowered me to make my own decisions. I used to accept anything someone told me. I wasn't strong enough to disagree. I'm deciding for myself now."

Ruthie had the opportunity to move out of AP almost three years ago. Shortly after securing an apartment, Ruthie was diagnosed with breast cancer, and decided to stay at AP. She knew that it would be a struggle to maintain her sobriety while managing surgery, chemotherapy, medical appointments, and recovery. "The only way I survived the cancer is because of the support I got at AP," Ruthie says.

To other women at AP, Ruthie shares, "It feels good to be disciplined and to be in control. The structure at AP – weekly meetings, mealtimes, curfew, maintaining appointments, chores, etc. – is good for you."

She is moving into her own apartment, for the first time in her life. "Look how long it took me to stand on my own two feet," Ruthie says. "My very first apartment! I've never had my own keys. It took me 60 years to get my own house. I'm so proud of myself."

Ruthie plans to visit AP regularly to keep in touch with her many friends and with staff, and to enjoy her favorite food, "Michael's Mexican cornbread."

Ascension Place gave me a community that I can always lean on, a community that I am proud to be a part of.

Net Step Housing

In 2019, Haven Housing began a partnership with Aeon, placing Next Step Housing families in units in their new apartment building, The Louis, in south Minneapolis. Candace was fleeing an abusive relationship with her two daughters. When she got the call from her NSH case manager that an apartment at The Louis was available, she became nervous. "I can't put the feeling into words," Candance says. "Feeling like you are finally going to be stable, and have a place to call home."

Feeling like you are finally going to be stable, and have a place to call home.

Candace admits that the transition has been "up and down." But she is connecting with the community inside her building and outside. She is working with our Family Services Coordinator to strengthen her parenting skills. She's addressing her mental health and her physical health. When Candace suffered a heart attack, her case manager helped her find a nurse to come to her home to assess her medical needs.

NSH also connected Candace with Kaitlyn's Kloset, a local nonprofit that has provided clothing donations, diapers and furniture. "I never realized how generous people are. They even brought me chicken noodle soup when I was sick," she says. "I gave back the other day; I donated my daughter's outgrown clothes. They have been giving and giving to me. I was so happy to have the opportunity to give back."

NSH staff is inspired by Candace's unstoppable drive to be successful. "It's nice to be a support system for a woman with such an overall will to survive and achieve," her case manager says. Candance says that the support and encouragement from the NSH team is helping her become "a better mother and a better woman." With help from NSH and the community around her, Candace has discovered an inner strength she never knew she had. "Next Step Housing not only helped me get a home," she says. "Next Step Housing helped me find out who Candace is."



I was so scared to start therapy because I didn't want to uncover all of my past trauma. Knowing that I have a supportive community helps me feel better about facing my fears and I feel like I have a safety net to fall back on.

Igniting—ODE.

My very first apartment!
I've never had my own keys. It took
me 60 years to get my own house.
I'm so proud of myself.



Donors

We are profoundly grateful to the following foundations, corporations, businesses, faith communities and individuals who supported our work in 2019. We make every effort to ensure the accuracy of our records, but please let us know if there is an error or omission in this listing. Thank you for your continued support of women and families rising, recovering and reclaiming their lives.

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Ascension Place has helped me choose the right people to have in my life. I have made friends that will always stay in my life.

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Audited Financial Statement for year ending 6.30.19

Assets and Liabilities

Assets

Current assets	945,993
Fixed assets	1,513,829
Total assets	

Liabilities

O It = I= 10141 = =	107 705
Current liabilities	187,785
Long term liabilities	202,000
Total liabilities	

Net Assets

11017100010	
Unrestricted	3,233,936
Temporarily restricted	68,789
Total net assets	

Total Liabilities and Net Assets.......3.692.510





Haven Housing is a 501 (c) 3 organization.

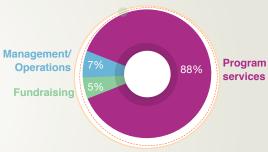
Revenue & Expenses

Revenue

Total Revenue2,056,794

Expenses

Total expenses	2,057,42
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Revenue by Program

Ascension Place	758,871
St. Anne's Place	805,933
Next Step Housing	442,574
Other	49,416

Expenses by Program

Ascension Place	679,63
St. Anne's Place	887,41
Next Step Housing	248,83
Other	241,53

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